

VA Illiana Health Care System

Returning Service Members (OEF/OIF/OND)

OPERATIONS ENDURING FREEDOM & IRAQI FREEDOM



WELCOME
HOME



YOU SERVED US, NOW LET US SERVE YOU

The first appointment with any new doctor can seem overwhelming. Here are some tips from Veterans and our providers to help you know what to expect from your visit and how you can be prepared.

What to bring with you to the first appointment:

- A copy of your DD214 (Member 4). This will allow us to verify your military service, including combat deployment. We will scan a copy in to our system to include in your VA health record. This is important to receiving the enhanced combat Veteran benefits.
- If you are Active Duty, please bring your military ID and Tricare Authorization for services. We will need a copy of your military ID to put with your Tricare Authorization in order to verify billing.
- List of medications you are currently taking. You can bring the pill bottles as well. The doctor will want to know the name of medication and dose you are prescribed.
- Non-VA medical records that you would like to be included in your VA health record (this can include DOD records, or records from a civilian doctor).
- Make a list of any questions or concerns you would like addressed. Sometimes doctor visits can seem overwhelming and fast-paced. Bringing a list of your questions and concerns is a good way for you to remember what questions you had and allows you to take notes.

What to expect at your first appointment with your VA primary care provider:

- You will meet with a social worker to complete Post-Deployment Screens. These are screens geared specifically towards those that have been deployed during OEF/OIF/OND. Screenings include questions about readjustment, environmental exposures, and physical symptoms you may or may not be having.
- A nurse will see you prior to the doctor and will obtain past medical history and ask you questions to screen for health conditions (including those common for military members).